

SCREENING CHECKLIST FOR CHILDREN OVER 12

NAME OF CHILD YEAR.....

SCREENED BY DATE

- **There is a link between dyslexia and certain eye problems. It is important that these eye problems are treated by an optician with expertise in these areas.**
- **Solutions may include spectacles, eye exercises or colorimetry (use of colour). If a coloured overlay is helpful, tinted lenses may be recommended.**
- **This checklist will highlight problem areas and help to determine whether an appointment is needed with a specialist optician**
- **Before beginning read NOTES (at bottom of checklist) on indicators 8, 11, 12, 14, & 15.**
- **Leave section blank if the answer is not known.**
- **A tick in the “?” column indicates that the symptom is present sometimes.**

1. Have you ever worn glasses? [If YES, why?]
2. Does reading make you tired?
3. Do you often lose your place when reading?
4. Do you re-read or miss out lines by mistake?
5. Do you often “jump” words by mistake when reading?
6. Do you tend to mis-read words?
7. Do you use a marker / your finger to keep the place?
8. Is it hard to concentrate on reading?
9. Do your eyes become sore or water when you read?
10. Do you have to screw your eyes up when reading?
11. Do you ever get headaches when you read?
12. Do you prefer to read in dim light?
13. Does white paper [or a whiteboard] seem to glare?
14. Does the print seem to change as you read?
15. Is it much easier reading from coloured paper?

YES	NO	?

How long can you read before you feel like stopping?

Comments on vision during computer work

NOTES

8. Is there a general difficulty in getting down to work? A short attention span and high level of distractibility are indications of Attention Deficit Disorder.

11. Check whether there is a history of headaches or migraines. Overlays, especially the green shades, have been found to help light sensitive migraine sufferers.

12. This glare may be due to light sensitivity

14. Record details of the distortion at the foot of this page and ask whether this is the reason for stopping reading

15. Does child need handouts and test papers to be routinely copied on tinted paper and also to write on lined tinted paper?