

SCREENING CHECKLIST FOR CHILDREN UNDER 12

NAME OF CHILD YEAR.....

SCREENED BY DATE

- **There is a link between dyslexia and certain eye problems. It is important that these eye problems are treated by an eye specialist.**
- **Solutions may include spectacles, eye exercises or colorimetry (use of colour). If a coloured overlay is found to be of benefit, tinted lenses may be recommended.**
- **This checklist will highlight problem areas and help to determine whether an appointment is needed with an optician with expertise in these areas.**
- **Read NOTES on indicators 3,5, 7, 8, 9 & 10 before beginning.**
- **A tick in the “?” column indicates that the symptom is present sometimes.**
- **Leave section blank if the answer is not known.**

1. Do you lose your place a lot when reading?
2. Does reading make you tired?
3. Does white paper ever seem too bright?
- 4 Can you see words clearly on a whiteboard?
- 5 Do you ever get headaches when you read?
- 6 Do your eyes ever hurt when you read?
7. Is it hard to keep your mind on your reading?
8. Do you enjoy reading?
9. Does the print ever move or change on the page?
10. Is it easier to read on coloured paper?

YES	NO	?

NOTES

- 3.** This glare may be due to light sensitivity
- 5.** Check whether there is a history of headaches or migraines. Overlays, especially the green shades, have been found to help light sensitive migraine sufferers.
- 7.** Is there a general difficulty in getting down to work? A short attention span and high level of distractibility are indications of Attention Deficit (Hyperactivity) Disorder.
- 8.** Find out why reading is not enjoyable.
- 9.** Record details of the distortion and find out whether this causes the child to give up reading.
- 10.** Show an example of text photocopied on to pale tinted paper, to compare with the same passage on white paper.
Does child need handouts to be routinely copied on tinted paper?