

SCREENING CHECKLIST for ADULTS with low literacy

- **There is a link between dyslexia and certain eye problems.
It is important that these eye problems are treated by an eye specialist.**
- **Solutions may include spectacles, eye exercises or colorimetry (use of colour).
If a coloured overlay is found to be helpful, tinted lenses may be recommended.**
- **This checklist will highlight problem areas and help to determine whether an appointment is needed with an optician with expertise in these areas.**
- **It is possible that the individual simply needs checking for reading glasses**
- **Indicators 3,4, 10,11 & 12 are very common amongst the dyslexic population**

A tick in the “?” column indicates that the symptom is present sometimes.

	YES	NO	?
1. Have you been prescribed glasses? [If YES, why?]			
2. Do you read close to the page?			
3. Do you often lose your place when reading?			
4. Do you use a marker / your finger to keep the place			
5. Do you ever read numbers / words back to front?			
6. Do you get headaches when you try to read?			
7. Do your eyes become sore or water?			
8. Do you screw your eyes up when reading?			
9. Do you rub or close one eye when reading?			
10. Does white paper [or a whiteboard] seem to glare?			
11. Is it easier to read from tinted paper?			
12. Does print become distorted as you read?			

Description of difficulties

Comments on vision during computer work

NAME.....

DATE.....

NEAREST SPECIALIST.....